At what point will Hello Doctor contact me?

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During the screening process, all potentially harmful results will alert Hello Doctor and you'll get an in-app notification (a pop-up) to let you know that a doctor will contact you.

The Hello Doctor service will be triggered by a combination of factors based on the following readings:

- Heart rate readings above 90 for a male (>90) and above 85 for a female (>85)
- A blood pressure measurement above 140/90 (BP>140/90)
- A stress rating of mild or higher
- Any negative emojis selected