

What does the screening app assess?

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The digital screening, for the purpose of LifeReturns®, assesses BMI, blood pressure, medical aid membership and physical fitness. Some of the factors are assessed by the screening technology, e.g., blood pressure, resting heart rate and fitness level (VO2 max). Others are inputs by clients being screened, e.g., height and weight to calculate BMI and the responses to fitness questions (for the initial screening fitness assessment). The process also includes identity verification.