

How is my blood pressure and medical aid membership used to determine premium discounts?

Last Modified on 17/04/2023 12:28 pm CAT

Both these requirements must be met to qualify for an additional 50% of the discount earned for BMI. If either of these two criteria are not met, no additional BMI LifeReturns® discount will be allocated.

Blood pressure

Client blood pressure (systolic and diastolic), as measured during the digital screening, must be normal and within Myriad's acceptable range. For the purposes of LifeReturns® discount the acceptable blood pressure range is defined as:

Systolic blood pressure ≤ 130 and Diastolic blood pressure ≤ 85

Medical aid membership

Membership of a registered medical aid will be determined via the digital screening questions and verified later using available alternative data sources. If this verification indicates that clients are not medical aid members, they will lose the additional blood pressure and medical aid membership discount percentage when the next digital annual reassessment screening is due.

For a list of registered medical aids, please visit the following websites:

[South Africa](#)

[Namibia](#)